

**Rape** is sexual penetration (genital, anal, or oral, including any intrusion – however slight) into any part of a person’s body (with emission of semen not required) and involving one or more of the following elements:

- Force or coercion
- Victim did not consent
- Victim is unable to give consent (8 to 30 years in prison)

**Aggravated Rape:** the offender is armed with a weapon or inflicts bodily injury or there are multiple offenders (15 to 60 years in prison)

**Rape of a Child:** the victim is under the age of 13 (15 to 60 years in prison)

**Statutory Rape:** consensual sex where the victim is at least 13, but less than 18, and the offender is at least 4 years older (2 years in prison)

Anyone can be a rapist, but there are *warning signs to watch for:* A person who:

- does not respect your feelings or wishes
- regularly invades your body space
- uses jealousy as a sign of love
- physically or sexually comes on too strong
- threatens physical harm
- shows that he/she feels he/she must control your behavior
- feels that what you wear or what you do gives him or her the right to have sex with you

**IF YOU ARE RAPED:**

- Get to a safe place
- Call 911 to report the crime
- Call the **Rape & Sexual Abuse Center** for support or help **1-800-879-1999**
- Do NOT wash, douche, smoke, use mouthwash, or change clothes
- Get medical attention immediately

***It was not your fault !***

## Teaching kids to be assertive and stay safe from predators

- ✓ Read the book – “**Protecting the Gift**” by Gavin De Becker
- ✓ Have child pick **3 SAFE PEOPLE** to tell about unsafe touches and unsafe secrets
- ✓ Teach child that adults aren't always right!

- ✓ Talk to your child about **unSafe touch**

If a friend, adult, or relative touches you where your bathing suit covers, or wants you to touch them where their bathing suit covers:

Stand tall – look person right in the eyes

Strong Voice – say “**no/stop**” in a serious voice

Say it again – if person doesn't stop say it again

***Tell a safe person right away!***

- ✓ **Don't force your child** to kiss/hug relatives or friends. Respect his/her personal boundaries.

- ✓ Talk to your child about **unSafe secrets**

If a friend, adult, or relative tells you something or shows you something that makes you feel “yucky”, confused, sad, or angry and then tells you to never tell anybody or else something BAD will happen to you, your family or friends

**SAY “No way!” Run away!**

***Tell a safe person right away!***

- ✓ If a child discloses: say “**I believe you! It wasn't your fault!**” Don't question child to “make sure”.

- ✓ **Practice “What if” situations** on a regular basis at mall/grocery store/etc.

“If we got separated in this store, who would you go to for help?” Have them ask someone for the time and watch whom they choose – ask why they chose that person.

**If you are “too busy” or “too tired” to listen to your child today you are pushing him/her into the hands of a sex offender – they are never “too busy” or “too tired” to spend time with your child!**

To report abuse call **1-877-54-ABUSE**  
Our Kids Center in Nashville can help w/ medical and psychological services  
**615-341-4911**

### Safety info & predator search

[www.parentsformeaganslaw.org](http://www.parentsformeaganslaw.org)

[www.familywatchdog.org](http://www.familywatchdog.org) [www.ourkidscenter.org](http://www.ourkidscenter.org)

[www.tbi.state.tn.us](http://www.tbi.state.tn.us)

[www.ncmec.org](http://www.ncmec.org)